

Overview of Each Program



High River Skating Club Canskate

Skate Canada Learn to Skate

This is Skate Canada's learn to skate program for beginners of all ages and offers basic skating instruction in a group format. It is taught by Skate Canada professional Coaches and assisted by Program Assistants.

Canskate develops future skaters by training their skills in balance, control, agility through a positive and engaging environment.

How does it work?

Each session will include a warm up, fast track, and cool down. Skaters will be organized into groups and rotated around to each of the different circuits.

Motivation

The Canskate program is a motivating and encouraging atmosphere meant to develop the skater using skill progressions. Skaters will receive a report card with ribbons/badges.

Program Assistants

Program Assistants are our Junior, Intermediate, and Senior level skaters who volunteer their time each week to assist in the delivery of the Canskate Program. PA's play a vital role in creating a fun and safe skating environment!

Responsibilities of Skaters/Parents:

Ensure skater gets to the arena on time with skates and proper warm clothing (gloves), including a CSA approved helmet.

We prefer skaters to wear hockey skates or figure skates to ensure correct skill development.

Register at: www.hrskate.ca

2024 Fall Class:

Mondays (Oct – Dec): 6:15 – 7:00 pm

- 8 Classes
- Start: Oct 21 End: Dec 16
- CanSkaters will also perform at our Christmas Showcase!

Christmas Showcase: Dec 16

All sessions are on the large ice.

2025 Winter Class:

Mondays (Oct – Dec): 6:15 – 7:00 pm

- 10 Classes
- Start: Jan 6 End: March 17
- CanSkaters will also perform at our Year-End Showcase!

Year End Showcase: March 22

All sessions are on the large ice.

Cost: \$110 - \$130 depending on which class (plus mandatory Skate Canada Association Membership Fee)

